

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday  |  |
|--|--|---|--|--|---|---|--|
| <b>Happy Birthday!</b><br><br>Kay 1/14<br>Cindy 1/28<br>Carmen 1/31<br>Wayne 1/31  | 10:00a: New Year's Day Rose Parade<br>1:15p: Afternoon Exercise<br>2:00p: Welcome to January 2018<br>2:30p: Funny New Year's Resolutions<br>3:30p: Stretch & Unwind<br>4:00p: Bingo<br>6:30p: Holiday Hangman<br><small>New Year's Day</small> | 9:45a: Sunrise Exercise<br>10:30a: CSD/The Johnny Carson Show<br>11:30a: Today in History<br>1:30p: Manicures & Massages<br>2:30p: Book Club<br>3:30p: Strength Training<br>4:00p: Bingo<br>6:30p: Skip-Bo                                      | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: 2018 Time Capsule<br>1:15p: Bingo<br>2:30p: USA Facts<br>3:30p: CSD/I Love Lucy<br>4:30p: Stretch & Unwind<br>6:00p: Music with Dave W.   | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Sewing with Sondra<br>1:15p: Big Band DVD Trivia<br>2:30p: Cooking Demonstration with Chef<br>3:30p: Strength Training<br>4:00p: Bingo<br>6:30p: Give or Take Dice Game | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Speedy Recall<br>1:15p: Bingo<br>2:30p: The Frozen Scoop<br>3:30p: Stretch & Unwind<br>4:00p: Hymn Singing<br>6:30p: Movie & Popcorn   | 9:30a: Catholic Service<br>9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Chapel<br>1:15p: Exercise with Chris<br>2:00p: Five Clues<br>2:30p: Manicures<br>3:30p: Bingo<br>6:30p: Classic TV Series                 |  |
| 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Finish the Drawing<br>1:15p: Coffee & Trivia<br>2:00p: Wii Bowling<br>2:30p: Bingo<br>4:00p: Musical Melodies<br>6:30p: UNO             | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Ladder Golf<br>1:15p: Manicures<br>2:30p: Riddle Me That<br>3:30p: Stretch & Unwind<br>4:00p: Bingo<br>5:00p: Music with Harry<br>6:30p: Yahtzee                                | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: This or That?<br>1:15p: Ping Pong Basketball<br>2:30p: Time Slip Tuesday<br>3:30p: Strength Training<br>4:00p: Pet Therapy-Gunner<br>4:00p: Winter Word Scramble<br>6:30p: Bingo | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Book Club<br>1:15p: Bingo<br>2:30p: Hexi Cards<br>3:30p: CSD/John Denver<br>4:30p: Stretch & Unwind<br>6:30p: Banagrams   | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Name 10<br>1:15p: Craft Club<br>2:30p: Doll Therapy-Marissa<br>3:30p: Strength Training<br>4:00p: Bingo<br>6:30p: What Comes First?                                     | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Roll A Snowman<br>1:15p: Bingo<br>2:30p: The Frozen Scoop<br>3:15p: Stretch & Unwind<br>3:45p: Music with Alice<br>6:30p: Movie & Popcorn  | 9:30a: Catholic Service<br>10:00a: Music with Dave<br>11:00a: Chapel<br>1:15p: Exercise with Chris<br>2:00p: Today in History<br>2:30p: Manicures<br>3:30p: Bingo<br>6:30p: Classic TV Series                                       |  |
| 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Memory Magic<br>1:15p: Coffee & Trivia<br>2:00p: Jeopardy<br>2:30p: Bingo<br>4:00p: Musical Melodies<br>6:30p: Coloring & Relaxation    | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Martin Luther King Day<br>1:15p: Bingo<br>2:30p: Manicures<br>3:45p: Music Therapy with Amy<br>6:30p: Left, Right, Center<br><br><small>Martin Luther King Day</small>          | 9:45a: Sunrise Exercise<br>10:30a: CSD/Red Skeleton<br>11:30a: Today in History<br>1:15p: Bingo<br>2:30p: Mind Exercises<br>3:30p: Strength Training<br>4:00p: Whose Capital Is It Anyway?<br>6:00p: Music with Leo & Harold                    | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Book Club<br>1:15p: Bingo<br>2:30p: Name that Tune<br>3:30p: CSD/Lawrence Welk<br>4:30p: Stretch & Unwind<br>6:30p: Pass the Pigs   | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Art & Aromatherapy<br>1:15p: Bake Club<br>2:30p: Therapy & Tricks with Mogli & Balou<br>3:30p: Strength Training<br>4:00p: Bingo<br>6:30p: Board Game Night             | 10:00a: Games with Goodwill<br>11:15a: Sunrise Exercise<br>1:15p: Bingo<br>2:30p: The Frozen Scoop<br>3:00p: Today in History<br>3:30p: Stretch & Unwind<br>4:00p: Hymn Singing<br>6:30p: Movie & Popcorn   | 9:30a: Catholic Service<br>10:00a: Pet Therapy-Oliver<br>10:30a: Today in History<br>11:00a: Chapel<br>1:15p: Exercise with Chris<br>2:00p: Journey through History<br>2:30p: Manicures<br>3:30p: Bingo<br>6:30p: Classic TV Series |  |
| 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Roll the Beans<br>1:15p: Coffee & Trivia<br>2:00p: Presidential Facts<br>2:30p: Bingo<br>4:00p: Musical Melodies<br>6:30p: Puzzle Night | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Bean Bag Toss<br>1:15p: Manicures<br>2:30p: CSD/Andy Griffith<br>3:30p: Stretch & Unwind<br>4:00p: Bingo<br>6:30p: Farkle   | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Bingo<br>1:15p: Book Club<br>2:00p: Coffee & Trivia<br>2:30p: Movie Matinee<br>4:00p: Pet Therapy-Gunner<br>4:30p: Strength Training<br>6:30p: Dominoes                          | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Faith & Friends with Sue<br>1:15p: Bingo<br>2:30p: Would You Rather?<br>3:30p: CSD/BeeGee's Live<br>4:30p: Stretch & Unwind<br>6:30p: Cards   | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Balloon Volleyball<br>1:15p: 1950's DVD Trivia<br>2:00p: Golden Warblers<br>3:00p: Strength Training<br>3:45p: Bingo<br>6:30p: Winter Word Search                       | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Finish the Sentence<br>1:15p: Bingo<br>2:30p: January Birthday Party!<br>3:30p: Stretch & Unwind<br>4:00p: Hymn Singing<br>6:00p: Music with David<br><br><small>Australia Day</small> | 9:30a: Catholic Service<br>9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Chapel<br>1:15p: Exercise with Chris<br>2:00p: What Year Was It?<br>2:30p: Manicures<br>3:30p: Bingo<br>6:30p: Classic TV Series          |  |
| 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Baseball Bounce<br>1:15p: Coffee & Trivia<br>2:00p: My 2 Cents<br>2:30p: Bingo<br>4:00p: Musical Melodies<br>6:30p: Qwirkle             | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Tie Blanket<br>1:15p: Manicures<br>2:30p: CSD/Carol Burnett<br>3:30p: Stretch & Unwind<br>4:00p: Bingo<br>6:30p: Cover Dice   | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Book Club<br>1:15p: Bingo<br>2:30p: Mitten Match-Up<br>3:30p: Strength Training<br>4:00p: Jingle Bell Toss<br>6:30p: Toss Up Game  | 9:45a: Sunrise Exercise<br>10:30a: Today in History<br>11:00a: Race to Fill Up the Cup<br>1:15p: Bingo<br>2:30p: Pass the Hat<br>3:30p: CSD/Leave It To Beaver<br>4:30p: Stretch & Unwind<br>6:30p: Joggin' Your Noggin'<br><br><small>Tu B'Shevat</small> | <h1>January 2018</h1> <p>MeadowView Memory Care Village<br/>Recreation Programs Calendar</p>   |   |   |  |

\*\*Activities are subject to change