



Welcome to Chronic Conditions Center of Greensboro! As you embark on your journey in our clinic, there are a few things we want you to know. First of all, we wish to have a maximum positive impact on the life of every patient that walks through our doors. Your new patient exam will begin this process so that we may evaluate if you are a candidate for care in our office. Here are our goals of doing an initial exam and consultation:

1. To do the appropriate testing on each patient in order to find the root cause of their condition. Each person is treated as an individual.
2. To address your health challenges and return you to the most optimal state of health possible.
3. If accepted as a patient, to prevent future degeneration of your health.
4. To enhance, extend, and add massive quality to your life.

Your New Patient Appointment is scheduled for:

AM / PM

For your initial exam, DO NOT forget the following:

- * Wear or bring shorts and t-shirt
- * All paperwork filled out **completely and thoroughly**
- * Any recent blood work (within the last year)
- * Recent x-rays or MRIs

**CHRONIC CONDITIONS CENTER
CONFIDENTIAL PATIENT INFORMATION**

(Please Print)

Date: _____ E-mail Address _____

Full Name: _____

Name of Wife, Husband, or Guardian: _____

Address: _____

City _____ State _____ Zip Code _____

Telephone Number () _____ Cell Phone Number () _____

Male _____ Female _____

Birth Date: _____ Age _____ Currently Pregnant? _____

Marital Status: S _____ M _____ D _____ W _____ Student: No _____ Part Time _____ Full Time _____

Occupation: _____

Employer's Name / Phone #: _____

Spouse's Occupation/Employer _____

Name and Phone # of Emergency Contact: _____

How did you hear about our office? _____

List Chiropractors you have seen before:

1. Name: _____ When Visited: _____

2. Name: _____ When Visited: _____

List Medical Doctors consulted within the past year:

1. Name: _____ Reason for visit? _____

2. Name: _____ Reason for visit? _____

Please list all your reasons for visiting our office:

1. _____ 4. _____

2. _____ 5. _____

3. _____ 6. _____

List **ALL** medications you take. (Prescriptions and over-the-counter- use additional pages if needed)

Drug name: _____ Dosage: _____ How long have you taken this and for what condition? _____

List **ALL** vitamins you take. (Use additional pages if needed)

Name of Supplements: _____ Dosage: _____ How long have you taken this and for what condition? _____

List **ALL** previous hospitalizations, surgeries, accidents, fractures and illnesses (Use additional pages)

(Example: **All past** Auto, Sports, Work, Home related.)

1. Type _____ When _____ Hospitalized? Yes _____ No _____

2. Type _____ When _____ Hospitalized? Yes _____ No _____

3. Type _____ When _____ Hospitalized? Yes _____ No _____

4. Type _____ When _____ Hospitalized? Yes _____ No _____

Patient Name: _____

Check **ALL** "body signals" (symptoms/ pain) you may have had or do have now:

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> ADD/ ADHD | <input type="checkbox"/> Depression | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Miscarriage |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Allergy | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Neck Pain |
| <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Eczema | <input type="checkbox"/> High Blood Sugar | <input type="checkbox"/> Parkinson's Disease |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Emphysema | <input type="checkbox"/> HIV/ AIDS | <input type="checkbox"/> Pneumonia |
|
 | | | |
| <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Epilepsy/seizures | <input type="checkbox"/> Irregular Periods/Cramps | <input type="checkbox"/> Raynaud's |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Irritable Bowel | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Gall Bladder | <input type="checkbox"/> Kidney infections/stones | <input type="checkbox"/> Ringing in Ears |
| <input type="checkbox"/> Back pain | <input type="checkbox"/> Goiter | <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Sinus infections |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Gout | <input type="checkbox"/> Low Blood Sugar | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Celiac/ Gluten Dis. | <input type="checkbox"/> Headaches | <input type="checkbox"/> Lyme Disease | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> Chronic Fatigue | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Lupus | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Migraine | <input type="checkbox"/> Vertigo/dizziness |

Please check all of the following conditions your family has experienced:

- | | | | | | | | |
|--------------|--------------------------------------|---------------------------------|-----------------------------------|--|--------------------------------------|-----------------------------|---------------------------------|
| Mother: | <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Parkinson's | <input type="checkbox"/> MS | <input type="checkbox"/> Stroke |
| Father: | <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Parkinson's | <input type="checkbox"/> MS | <input type="checkbox"/> Stroke |
| GMother(M): | <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Parkinson's | <input type="checkbox"/> MS | <input type="checkbox"/> Stroke |
| GFather(M): | <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Parkinson's | <input type="checkbox"/> MS | <input type="checkbox"/> Stroke |
| GMother(P): | <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Parkinson's | <input type="checkbox"/> MS | <input type="checkbox"/> Stroke |
| GFather (P): | <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Parkinson's | <input type="checkbox"/> MS | <input type="checkbox"/> Stroke |
| Sisters: | <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Parkinson's | <input type="checkbox"/> MS | <input type="checkbox"/> Stroke |
| Brothers: | <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Parkinson's | <input type="checkbox"/> MS | <input type="checkbox"/> Stroke |

List any other health conditions that you or your family have had that are not listed: _____

Do you consume any of the following? (Leave blank what doesn't apply)

Tobacco products (packs/day): _____ How many years? _____ Alcohol drinks/day: _____ How many years? _____

Coffee/Tea cups/day: _____ Regular or decaf: _____ Soft drinks # day: _____ Regular or diet? _____

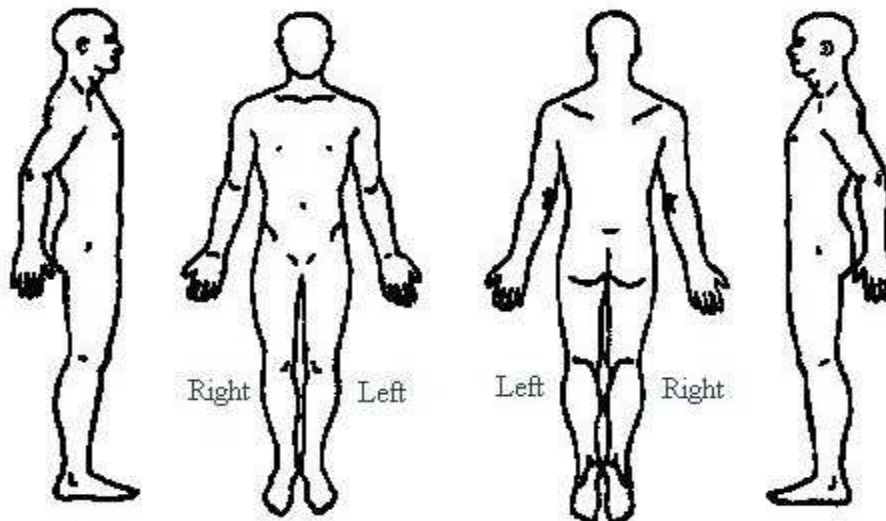
Do you use artificial sweeteners? Yes No If yes please list _____

Level of exercise? _____ None _____ Moderate (days per week) _____ Strenuous (days per week)

Have you experienced any unexplained or rapid weight changes in the last six months? Yes No _____ lbs

Please mark off the areas of your complaint on the diagram below. Use the following symbols:

P= pain, N= numbness, T= tingling, B= burning, C= cramping



Patient Name: _____

Complaint History

Complaint 1: _____

When did your complaint first begin? _____ Have you ever experienced this complaint before? _____

What makes your problem better? _____

What makes your problem worse? _____

Describe the **type** of pain/ symptom you experience? _____

Does your problem travel into any other part of your body? Where? _____

Where exactly is the complaint area? _____

Have you lost control of any body part (arms, legs, bladder, bowel, etc..)? _____

Rate the severity of your problem on a scale of 1-10, 1 being least severe and 10 being bedridden? _____

Complaint 2: _____

When did your complaint first begin? _____ Have you ever experienced this complaint before? _____

What makes your problem better? _____

What makes your problem worse? _____

Describe the **type** of pain/ symptom you experience? _____

Does your problem travel into any other part of your body? Where? _____

Where exactly is the complaint area? _____

Have you lost control of any body part (arms, legs, bladder, bowel, etc..)? _____

Rate the severity of your problem on a scale of 1-10, 1 being least severe and 10 being bedridden? _____

Complaint 3: _____

When did your complaint first begin? _____ Have you ever experienced this complaint before? _____

What makes your problem better? _____

What makes your problem worse? _____

Describe the **type** of pain/ symptom you experience? _____

Does your problem travel into any other part of your body? Where? _____

Where exactly is the complaint area? _____

Have you lost control of any body part (arms, legs, bladder, bowel, etc..)? _____

Rate the severity of your problem on a scale of 1-10, 1 being least severe and 10 being bedridden? _____

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Name: _____ Date: _____

Please take several minutes to answer these questions so Dr. Ward can help you get better faster.

(Please circle as many that apply)

1. How have you taken care of your health in the past?

- | | |
|--------------------|---------------------------|
| a. Medications | f. Holistic Care |
| b. Emergency Room | g. Vitamins |
| c. Routine Medical | h. Chiropractic |
| d. Exercise | i. Injections |
| e. Nutrition/Diet | j. Other (please specify) |

2. How did the previous method(s) work out for you?

- | | |
|--------------------|---------------------------|
| a. Bad results | e. Did not get worse |
| b. Some results | f. Did not work very long |
| c. Great results | g. Still trying |
| d. Nothing changed | h. Confused |

3. How have others been affected by your health condition?

- | | |
|--------------------------------|---------------------------------|
| a. No one is affected | c. They tell me to do something |
| b. Haven't noticed any problem | d. People avoid me |

4. What are you afraid this might be (or beginning) to affect (or will affect)?

- | | |
|-------------------|-------------|
| a. Job | f. Sleep |
| b. Kids | g. Time |
| c. Future ability | h. Finances |
| d. Marriage | i. Freedom |
| e. Self---esteem | |

5. Are there health conditions you are afraid this might turn into?

- | | |
|---------------------------|--------------------|
| a. Family health problems | f. Fibromyalgia |
| b. Heart disease | g. Depression |
| c. Cancer | h. Chronic fatigue |
| d. Diabetes | i. Need surgery |

5. How has your health condition affected your job, relationships, finances, family, or other activities? Please give examples:

6. What has that cost you? (time, money, happiness, freedom, sleep, promotion, etc.) Give 3 examples:

7. What are you most concerned with regarding your problem?

8. Where do you picture yourself being in the next 1---3 years if this problem is not taken care of? Please be specific:

9. What would be different/better without this problem? Please be specific:

10. What do you desire most to get from working with us?

11. On a scale of 1 to 10 (with 10 being the best) what is your level of commitment to regaining your health?
