

RELATIONSHIPS MATTER.



Child First is a national, evidence-based, two-generation model that works with families who have young children who are experiencing adversity. We provide home-based mental health visiting services, along with care coordination, to meet your family's needs.

SCIENTIFIC RESEARCH DEMONSTRATES THAT WE CAN MAKE A DIFFERENCE IF WE:

Work to connect families to needed community-based services to decrease stress, and build strong, loving, caregiver-child relationships that protect and heal the brain from trauma and stress.

EXPERIENCE MEANINGFUL CHANGE.

Our goal is a young brain focused on learning rather than a brain focused on survival.

CONTACT CHILD FIRST

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CHILD FIRST CAN HELP:

- ✓ Decrease stresses related to concrete needs.
- ✓ Facilitate family stability.
- ✓ Connect families to vital community resources and service providers.
- ✓ Support the development of strong, loving, and nurturing caregiver-child relationships.

CHILD FIRST IS DELIVERED BY A TWO PERSON TEAM:

- ✓ A licensed clinician who specializes in early childhood development.
- ✓ A family resource partner who works with the entire family unit on the sources of stress that impact them.

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CHILD FIRST CLINICIAN:

The Child First Clinician is a licensed mental health clinician. Clinicians are specialized in areas such as early childhood development and trauma. Clinicians work to provide child-parent psychotherapy and psychoeducation to help you and your child better understand each other.

FAMILY RESOURCE PARTNER:

The Family Resource Partner (FRP) coordinates services and the family's access to resources throughout the community, based on collaborative planning with caregivers. The FRP listens carefully, always reflecting on the meaning of the service for the family. The FRP provides hand-on assistance, obtaining information and partnering with community providers. FRPs also focus on researching the appropriateness and availability of resources and making referrals to provider agencies.

FAQs:

WHY IS CARE COORDINATION IMPORTANT?

Care coordination helps everyone get on the same page. Our FRPs can facilitate communication with doctors, psychiatrists, teachers, community resources, and other people who are important in the lives of families. When providers talk to each other and are on the same page, we come up with better solutions to help families.

WHERE ARE SERVICES PROVIDED?

In the community! This is the best place. Child First happens in the home or community because that is where challenging behaviors occur and where solutions can be found. Child First clinicians can help families work on behaviors where they happen.

WHAT IS THE COMMITMENT?

Caregivers are the experts on their own families. Our Child First teams are specially trained to work with complicated family situations that often call for clinical expertise. Our Family Resource Partners provide coordination of care with doctors, teachers, schools and other people important to families. The program usually begins with two home visits per week, eventually moving to one visit per week as the team completes assessments and works with families to decide the best ways to move toward goals.

HOW DO I GET MORE INFORMATION OR MAKE A REFERRAL?

Getting more information is the key to making a good decision. Please call us at **336.899.8800** and ask for Anita to get more information.

Scan the QR code on the front of this brochure to access our online referral form.